



**Annual Narrative Report**  
**1<sup>st</sup> April 2018 –31<sup>st</sup> March 2019**



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## Introduction

Started with the blessings of Pujya Gurudev Swami Chinmayananda, the Chinmaya Rural Primary Healthcare and Training Center began as an isolated health program in the Himalayan foothills of Himachal Pradesh in 1985. While CRPHC&TC provided healthcare to many rural regions of Himachal Pradesh, team members soon realized the greater problems that the women and people of this rural India were dealing with. The declining socio-economic and educational status in the region mobilized CRPHC&TC to create women's groups in 1987 to address these problems and fight for rights with the goal of putting an end to this cycle of poverty. These women's groups, Mahila Mandals, allowed women to form Self Help Groups, run in self governance elections, and implement changes through facilitation practices. With this mobilization of women and rural people, CORD (Chinmaya Organization for Rural Development), was officially formed as a National Level Trust in 2003 to continue the work started by advocates for rural development and mobilization.



The immense potential seen in the rural people of Sidhbari was an inspiring force that drove CORD members to create and facilitate a multitude of other Community Based Organizations (CBOs) and Self-Help Groups (SHGs). Self-reliance processes were created through an integrated approach that includes successful sustainable development practices, skill-based training, and CORD facilitated guidance.

Today, the work done by CORD and the facilitation-based approach has impacted thousands of lives across rural India and continues to do so. By enabling the rural poor to improve their own lives by working towards a better future for themselves, many CBOs and villages have been able to implement feasible solutions. Additionally, many of the successful practices of the CORD Training Centre Sidhbari have been established in other states in India including Odisha, Tamil Nadu, Andhra Pradesh, Uttarakhand, and Punjab.

This annual report focuses on the activities and programs facilitated by the CORD Training Center in Sidhbari, Himachal Pradesh in the Kangra District. This report also includes key highlights of CORD's satellite centers in Chamba, Himachal Pradesh, Uttarakhand and Punjab.

### **Awards and recognition of this year:**

CORD received "Prerana Strot Award" by the Government of Himachal Pradesh for its 33 years of tireless efforts in comprehensive integrated rural development program in rural India. CORD received this award from the Chief Minister of Himachal Pradesh on 15th April 2018 i.e. 71st Himachal Day celebration 2018.





## Community Based Organizations

CORD's Community Based Organizations (CBOs) serve women, men, and youth as part of the organization's integrated rural development strategy. CBOs are the premise on which CORD is founded and empower the local community to evolve, work together as a unified group, and invoke change. The major CBOs facilitated by CORD are Mahila Mandals, Self Help Groups (SHGs), Men and Farmer Clubs, Youth Groups, Adolescent Girls' Groups, and Balvihar.

### Mahila Mandal (Women's Groups)

Mahila Mandals are the heart and soul of all CORD programs, and they help to link CORD at the community level with other CBOs of men, youth, and children and initiate various programs components for rural India's benefit. Facilitated and supported by CORD, The Mahila Mandals allow women to improve their situation and create sustainable change through social, political, and economic forums and best practices.



#### **Outreach**

CORD Training Centre Sidhbari runs a total of 741 Mahila Mandals with 28931 members in the Kangra District.

#### **Key Highlights**

- In reporting period 24 senior citizens have been honored by Mahila Mandal members in ward level programs organized in different panchayats of Nagrota Bagwan, Dharamshala, and Rait and Bhawarna blocks of district Kangra.
- 20 Mahila Mandals of Nagrota Bagwan, Kangra and Bhawarna blocks in district Kangra received cash prize of Rs 10,000/- each from concerned Block Development Office for their outstanding performance.
- On 14<sup>th</sup> November, 2018, Children's Day programs were organized in 19 Mahila Mandals in Nagrota Bagwan, Dharamshala and Rait blocks. In these programs, children performed in various cultural and patriotic events and the winners were awarded small prizes by respective leaders of Mahila Mandal.
- 1<sup>st</sup> December, 2018 around 1150 members of Mahila Mandal among 38 panchayats were sensitized on cause, effects and precautionary measures of HIV/AIDS. They were educated by CORD to create adequate awareness to eradicate this disease from society.
- In month of January 2019, nine community awareness camps on Swine Flu were organized at gram panchayat Lilly, Jassour, Sunhi, Amatrada, Baidi etc. in Nagrota Bagwan and Kangra block with help of ASHA.
- 35 ward level cleanliness campaigns were facilitated by CORD team members in different panchayats of Dharamshala, Kangra, Rait, Lambagaon blocks of district Kangra. During these programs, 850 Mahila Mandal Members were educated about proper waste segregation and necessary personal hygiene measures.
- In month of March, 2019 programs on International Women Day were organized in 30 panchayats by Mahila Mandals. These programs were attended by 3130 participants comprising Mahila Mandal members, elected representatives, men and government





functionaries. Aim of these programs was to bring Mahila Mandal in center stage of development as core community group.

### **Self Help Group (SHG) and Micro Credit Program**

Self Help Groups (SHGs) are fast and emerging as a powerful tool of socio-economic empowerment of the poor in rural areas. CORD facilitates its Self Help Group program for women to provide financial empowerment. In SHGs, women create savings with in a group of 10-20 members and are encouraged to inter-loan and make bank linkages for their socio-economic up-liftment.

This year CORD's Chinmaya Shiv SHG from Gram Panchayat Buhner, Block Nagrota Bagwan received best Self Help Group award from NABARD for its extraordinary performance on 12th July, 2018. Since its inception in 1998, this group has taken 11 lakhs in loans from the bank and all its 17 members are engaged in various livelihood activities i.e. patty shop, ice cream parlor, power tools for agriculture work etc.

#### **Outreach**

Program has been reached out to 21,727 direct beneficiaries through 1583 SHGs in district Kangra, Himachal Pradesh till 31<sup>st</sup> March, 2019.

#### **Key Highlights**

- During reporting period, 2164 SHGs (1583 by CORD and 581 SHGs formed by other agencies like Livelihood Mission, Watershed department, ICDS etc) have successfully been digitized by CORD team members in district Kangra under NABARD's E-Shakti program. Around 2400 members of SHG facilitated to take Pradhan Mantri Surksha Bima, Jeevan Jyoti Bima Yojna, Atal Pension schemes and open individual bank accounts in Jan Dhan Yojna.
- CORD has facilitated loans of total Rs. 1,02,39,300 to 319 SHGs in ten blocks of district Kangra as follows:
  1. Kangra Central Co-operative Bank: Rs. 45,72,500
  2. Canara Bank: Rs. 91,000
  3. Punjab National Bank: Rs 8,99,000
  4. State Bank of India: Rs 2,41,6900
  5. UCO Bank: Rs 1, 87,000
  6. Oriental Bank: Rs 60,000
  7. Himachal Pradesh Grameen Bank: Rs 10, 07, 900
  8. Central Bank of India: Rs 9, 80,000
  9. Industrial Development Bank of India: 25,000
- Five community awareness programs on financial inclusion have been organized with the support of NABARD. These programs were attended by 520 participants out of which 115 people have been benefited through various bank services such as opening bank accounts and linkage with national social security's schemes.





- CORD Training Centre, Sidhbari, imparted training to 50 bankers and representatives of non-government organizations from Haryana on concepts of SHGs and their standard procedures of record maintenance, bank linkage and other practical learning from 17<sup>th</sup> to 22<sup>nd</sup> November, 2018.
- Mr. Kapil Kumar, designated auditor by NABARD Regional Office Shimla examined CORD's SHG records in operational area to digitalize them under NABARD's E-Shakti program from 20<sup>th</sup> to 22<sup>nd</sup> November, 2018.
- Smt. Brinda Devi and Smt. Shakuntla Devi, CORD team members participated in State Level Credit Seminar organized by Regional Office NABARD Shimla on 18<sup>th</sup> January, 2018. During Seminar they exhibited various products of Gurudhara SHG and introduced the income generation model of CORD implemented for the deprived section of the community.
- During this period, four quarterly meetings of Program Implementation and Monitoring Committee (PIMC) organized at CORD Training Center. These meetings were chaired by District Development Manager NABARD to review progress of E-Shakti and nurturing of 300 SHG program being implemented by CORD.
- In month January, 2019, 60 participants of SHGs imparted training in knitting and making pine needle products under Micro Enterprise Development Program (MEDP) supported by NABARD. In each segment of these training 30 participants completed 13 days trainings programs. These beneficiaries will be helped to sell their products through Gurudhara SHG's outlet.



### **Yuvati Samuh (Adolescent Girls Program)**

To empower the rural adolescent girls, CORD facilitates a range of confidence and personality building initiatives, including sports and games, theatre and dance, 'karate' training and application writing skills training. Apart from conducting regular leadership building meetings, CORD also facilitates exposure visits to different organizations to increase the knowledge and confidence levels of adolescent girls.

#### **Outreach**

CORD is facilitating 62 Adolescent Girl Groups (AGG) with 653 members.

#### **Key Highlights**

- More than 200 members of Yuvati Samuh celebrated Mother's Day on 10<sup>th</sup> May 2018. On this occasion, CORD team members discussed the importance of mothers and urged the girls to always respect one's mother as a precious gift from God, and to help her with all her work.
- Yuvati Samuh members discussed sustainable environmental practices. More than 400 members of 47 Yuvati Samuh celebrated Environmental Day on June 5<sup>th</sup>. They created awareness about environment protection in their villages and planted 234 fruit fodder plants ahead of the monsoon season.





- Exposure visits were organized for Yuvati Samuh members through their concerned Anganbadi Centers, at Police Station Nagrota Bagwan on 11<sup>th</sup> February 2019. They were given information about Indian legal system. In this exposure 20 girls from five Yuvati Samuh were participated.
- During this period, all the Yuvati Samuh members participated in a cleanliness program in their concerned panchayat. They cleaned paths around their homes, temple area and all other surrounding areas. They also made garbage pits and soakage pits in their homes.
- CORD Adolescent Girl Groups (AGG) celebrated major events like Independence Day, International Yoga Day, Environment Day, and National Youth Day. On these occasions, the group did various activities like planting trees, games and quizzes competitions, gave speeches and appropriate cultural programs. Indian Festivals are also celebrated with tradition.
- In Yuvati Samuh's monthly meetings, CORD team members discussed social issues and health issues of adolescent girls such as domestic violence, anemia, ORS, and sanitation with all its members. They were taught about how to stay healthy and address issue of anemia.
- During this period's Yuvati Samuh meetings, the members played various games to learn about teamwork and to further their physical and mental growth. The games included *Kabbadi*, *Koh-koh*, high jump, long jump, and tug-of-war (*rasaakassi*).



### **Bal Vihar (Children's Group)**

*"Children are not vessels to be filled, but lamps to be lit" – Swami Chinmayananda*

CORD established a dynamic program for children known as the Balvihar Program, which emphasizes to inspire, educate and open the minds of the young ones aged 5-12 years. The program was established to enable the children to discover the joy of learning and excel in every aspects of life. Importance of cultural heritage, moral and spiritual values are also taught through this program besides children engagement in various activities of the village.



#### **Outreach**

CORD is facilitating 70 Balvihars with 1012 children in 58 Panchayats of Kangra District.

#### **Key Highlights**

Besides the usual games, Swadhayay and storytelling in the Balvihar session, the following events also took place:

- 168 Balvihar monthly meeting sessions were conducted for children in 44 Panchayats.
- 1414 children from the community actively participated in these Balvihar sessions.



- On the occasion of Mahatma Gandhi Jayanti, 65 children from 10 Balvihar groups were given the importance of this day and about our 'Father of the Nation' in panchayats such as Bhuneed, Passu, Kawadi, Jogipur, Tang, Nirvana, Pathiar, Rajiana, Khandred, Lakkamandal and Padar.
- During Navarati, discussions were held on the significances of the nine nights worship and how one should discriminate between right and wrong with 198 children from 20 Balvihar groups.
- The festival of light 'Diwali' and its symbolism were also planted in these young minds in 44 Panchayats.
- 178 children from 18 Balvihar groups showcased great enthusiasm in cleaning the roads and Temple area in panchayats such as Bhuned, Rajiana, Kawadi, Chaddi, Jogipur, Passu, Lambagaon, Andretta, and Tang.

### **Community Based livelihood - Farm and Allied Sector**

The main objectives of this program is to ensure food security at the household level, reduce the cost of agriculture inputs, explore avenues of income through farm and allied sector activities, introduce innovative farming methods and bring women farmers into the decision-making process pertaining to farm operations. This year the program focused on building institutional capacity of 4000 women farmer to bring them to the center stage of development through Women's group i.e. Mahila Mandals.



#### **Outreach**

10,000 marginal and small farmers from 38 panchayats are directly associated with this program.

#### **Key Highlights**

- 410 Women farmer groups' leaders were oriented about their roles and responsibilities as well as other managerial skills such as records keeping and documentation through several training programs organized by CORD.
- 361 women farmer households adopted paddy cultivation through System of Rice Intensification (SRI)
- 530 women farmer households have maintained kitchen garden in order to reduce their dependence on the external market for their household's vegetable requirements.
- 1430 women farmers are preparing different bio-formulations, vermin compost which use as fertilizer as well as for pest and disease control and Azola cultivation used as feed supplement for the milch animals and poultry birds.
- 591 women farmer households started backyard poultry as an additional livelihood activity for their family.
- 209 women farmer households started vegetables cultivation. Out of these 93 farmers have started earnings from their surplus production through the improved method of cultivation.
- 2200 women farmer has started Mushroom cultivation as a result of regular efforts done by the team member.





- 113 women farmer households have established low tunnel poly houses and earn additional income by selling the seedling that grows in it.
- Seven demonstrations on Zero Budget and Natural Farming (ZBNF) were organized at Rait & Nagrota Development Block for first hand learning prior to replicate it at a larger scale.
- From 25<sup>th</sup> October to 5<sup>th</sup> November 2018, CORD depict exhibition on different farm and nonfarm product produced by farmer at State level SARAS festival organized by Ministry of Rural Development (MoRD) at Dharamshala.
- On 21<sup>st</sup> April, 2018, 40 farmers were trained for the wild marigold and damask rose cultivation at Institute of Himalayan Bio-resource Technology (IHBT), Palampur.
- From October 10<sup>th</sup>-16<sup>th</sup>, 2018, 41 participants from Himachal Pradesh State Rural Livelihood Mission (HPSRLM) and Indo Global Social Service Society (IGSSS), Srinagar district of Jammu & Kashmir were trained on different farm based livelihood practices.
- Shri Narendra Paul shared CORD's livelihood model in state level livelihood hood day celebrated by Ministry of Rural Development, Government of Himachal Pradesh at National Institute of Technology (NIT), Hamirpur, H.P during the presence of local Member of Parliament (M.P), Shri Anurag Thakur and Minister of Rural Development, Government of H.P.



### **Community Based livelihood- Non-Farm & Service sector (CBL NFSS)**

This program of CORD is striving for rural people to become economically self-reliant by following its different objectives. The focus was on facilitating procurement, production, marketing & other support activities to promote sustainable growth & diversification. This became possible through the team's efforts in generating awareness about current designs, colors and customer demands.

#### **Outreach**

Since the inception of this program, it has benefited 8115 beneficiaries. These include 3240 that were provided direct training by program team both in the center as well as the field in various activities like Sewing, Knitting, Handloom, Weaving, Kangra Miniature Paintings, Bamboo & Pine Needle Products, Soap Making, Edibles and Pottery etc. Indirect beneficiaries are around 4875 involved in various activities including the service sector.



#### **Key Highlights**

- During this period, 156 individuals joined the CBL program to provide pine needle products, knitted products, food products, and stitching.
- 8 Persons with Disabilities (PWDs) were given livelihood training to make pine needle products from 21<sup>st</sup> & 22<sup>nd</sup> April 2018.





- Focused follow ups with 200 beneficiaries were conducted multiple times (299 centre & 212 in field) to ensure quality, innovative designs, and control of measurements, increasing their product volume and for formation of sub-activity groups taking younger trainees in the program fold.



- The marketing of Kangra Paintings in other countries and centre's resulted in an increase in the sales. These paintings were done by speech and hearing-impaired youth SHG at CORD.

- An exposure trip from 6<sup>th</sup> April to 8<sup>th</sup> April 2018 to procure raw material was undertaken to Delhi. These activities resulted in establishing new suppliers and vendors which resulted in substantial savings and increase in sales for Gurudhara Self Help Group.

- 74 beneficiaries from Community Based Inclusion and Rehabilitation (CBIR) program were given training in

the field from 21 July to 25 July 2018 for sewing, pine needle products and food products in Drang, Jikhli Kothi, Kachiari, Kuthma and Mundla.

- Pine needle product making training was also given in Sarotri from 4<sup>th</sup> January to 8<sup>th</sup> January 2019 where nine individuals participated.
- In the month of January, from 15<sup>th</sup> to 27<sup>th</sup> January 2019, a training was provided under the MEDP (Micro Enterprises Development Program) through NABARD) on knitting and pine needle products. 60 individuals were trained in the training.
- Two additional individuals joined the program as entrepreneurs to provide food products like amchur, haldi etc.
- Team members participated by setting up a booth to display and sell their products in a fair held in *Saras Mela* in Dharamshala from 25<sup>th</sup> October to 5<sup>th</sup> November 2018.
- On 25<sup>th</sup> March 2019, a new group was established in the village of Oder in Rait block for knitting products. New design ideas were discussed with the group.
- Ms. Prem Anand from Bangalore volunteered for a week in the month of September 2018 giving the beneficiaries valuable design and marketing input.
- Miss Manaswi Marri volunteered with the program from 3<sup>rd</sup> February to 3<sup>rd</sup> March 2019 helping in accounting and also setting up online systems for record keeping.
- Total sales for Gurudhara SHG Outlet from 1/4/2018 to 31/3/2019 was Rs. 15,15,324/-



### Community Based Inclusion Rehabilitation (CBIR) for Persons with Disabilities

This program is striving to empower 1860 persons with disabilities (PWDs) and their families in rural India to emerge as productive contributors and responsible citizens beyond just being treated as an issue and objects of welfare and charity. CORD has developed customized aids and appliances for the persons with disabilities, and is exploring other need based, local and indigenous





solutions through community-based research in disability inclusion and rehabilitation.

CORD is spreading the awareness and facilitated discussion on The Rights of Persons with Disabilities (RPWD) Act 2016 from grass root level to national level as a state partner of National Center for Promotion of Employment of Disabled People (NCPEDP) Himachal Pradesh for the inclusion and empowerment of PWDs.

### Outreach

The program has provided 6613 sessions of rehabilitation service to PWDs such as physiotherapy, speech therapy, special education and play therapy etc. at central Out Patient Department (OPD) and 9281 home-based rehabilitation services sessions for PWDs in the fields.



### Key Highlights

- 95 PWDs received disability certificates, 70 PWDs received free travel bus passes, 67 PWDs were provided with disability aids (crutches, wheelchair, etc.), 37 ramps were constructed in PWDs homes, 136 applications for disability allowance were submitted at the District Welfare Office, 101 PWDs received Niramaya Health Insurance Card, 10 children with disabilities joined mainstream schools, 35 mothers with disabilities joined Mahila Mandals, and 197 PWDs were facilitated for health check-up in Kangra and Dharamshala.
- As a member of Special Olympic Bharat Chapter Himachal Pradesh, CORD has facilitated 50 special athletes to participate in various sports events from district to national level. PWDs won 18 gold medals, 21 silver medals and 9 bronze medals in various Special Olympic sports events.
- Two workshops, one day each on the issues of women with disabilities were held at the CORD Training Center, Sidhbari. On an average 40 Participants attended the program.
- One day regional workshop on National Trust Schemes and Programs held at CORD Training Center on 6<sup>th</sup> August 2018. Total 68 participants including PWDs, families, Village Resource Persons (VRPs), and people from four states attended the workshop.
- 100 VRPs from 100 panchayats of district Kangra were trained and sensitized on the issues and concerns of people with disabilities at CORD.
- World Disability Day was celebrated with great enthusiasm, on 3<sup>rd</sup> December 2018 in 27 Gram Panchayats from six development blocks of district Kangra, with the support of concerned Mahila Mandals. In this program, total of 2,275 participants, including 471 PWDs, their parents, Mahila Mandal leaders, Elected Panchayat representatives, ASHA workers, Aanganbari workers and school teachers from 100 Panchayats of district Kangra participated.



- A two days State level district partner meet & a workshop conducted at CORD on 15<sup>th</sup> and 16<sup>th</sup> March 2019. This workshop was attended by 150 participants including PWDs their parents, VRPs, representatives of non-governmental organizations from eight districts of Himachal Pradesh. Deputy Commissioner Kangra, Sh. Sandeep Kumar and Additional Deputy Commissioner, Sh.



Raghav Sharma had their presence for a short while in the first day of the program.



- District administration Kangra in collaboration of CORD Training Centre, Sidhbari have selected three PWDs associated with the program which includes Sh. Mohinder Singh, Vice President Chinmaya Umang, Ms. Jyoti Bala, Silver Medalist World Winter Games 2017 and Sh. Abhishek Bhatia, a young entrepreneur as District Icons for the upcoming Lok Sabha election 2019. District administration is initiating the efforts of Election Commission of India and disability sector for the inclusive and accessible election for PWDs across the country.

- Six Central Chinmaya Umang (Rural Advocacy forum of people with disabilities their parents and friend) meetings were held at CORD Training Centre. On an average, 80 people with disabilities their parents, village resource persons and educators attended the meetings.
- 730 Mini Chinmaya Umang (Rural advocacy forum of people with disabilities their parents and friends at Panchayat level) meetings were held in Panchayats of Kangra, Dharamshala, Rait, Nagrota Bagwan, and Indora blocks with an average of 15 attendees per meeting.

### **Social Justice & Informal Legal aid Program**

This program is dedicated to provide legal aid and counseling to the individuals who are deprived from their legal rights and struggling for the justice. Since 2009, CORD has been notified by Himachal Pradesh State Government as a Service Provider under Protection of Women from Domestic Violence (PWDV) Act, 2005.

This program directly contributes to achieve the Goal no. 5&6 of Sustainable Development Goals (SDG) i.e. Gender equality as well as Peace, justice and strong institutions.



#### **Key Highlights**

- 45 new cases registered and 22 old cases resolved.
- Facilitated 34 applications/appeals under Right To Information Act,2005
- Facilitated 17victims to get free legal aid form concerned legal services authorities.
- Through facilitation of CORD, three single women started getting pension from Social Justice and Empowermentdepartment, government of Himachal Pradesh.
- As a service provider under PWDV Act, counseled six victims and filed the cases in the concerned Judicial Magistrate Court through concerned protection officers.
- Seven cases for maintenance were filled before concerned Court of SubDivisional Magistrate (SDM) under Himachal Pradesh Parents and Dependant Maintenance Act 2001.
- Registered 12 cases through Shimla Police Control room, SMS Number 9459100100 and 4 cases through Gudia Help Line Number 1515.



- Program has organized 11 Skype Seminars with Friends Line Network, United Kingdom. 30-35 single/deserted women participated in each session. During the session, the participants learned about yoga and exercises to live life stress-free, awareness about income generation etc.
- Shri Sunil Kumar Mishra and Smt. Premo Devi nominated as members of Internal Committee in respect of Civil and Session Division Kangra under Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013.
- After struggling for 11 years, Mr. Sher Singh received money Rs. 1,30,000/- for his house construction. The concerned officer was also fined with Rs. 1000/- for not doing it on time.
- CORD organized regular legal awareness and action day on the 15<sup>th</sup> and 20<sup>th</sup> of every month. During this period, a total of 268 sittings were conducted in order to provide free legal aid and counseling to the victims.
- Ms. Pooja Thakur, B.A, LL.B Student from UPES Law School, Dehradun, successfully completed her internship in this program from 22<sup>nd</sup> May to 19<sup>th</sup> June 2018.



### Community Health Program

The program enables community groups to take responsibility for preventive and promotional aspects



of health, and links communities with existing government health services. CORD also provides direct medical health services at the CORD Training Centre and works as a referral unit for critical cases to the appropriate hospitals. CORD is also working in the slum areas as part of the Urban Reproductive and Child Health (Urban RCH) program in collaboration with the National Health Mission (NHM). This program aims to provide health care to underserved populations in slums, including migrants, nomads and construction workers at two locations in District Kangra i.e. Nagrota Bagwan and Dharamshala.

#### Outreach

A total of 7595 patients have received medical services, guidance and counselling in the OPD at CORD Training Centre.

#### Key Highlights

- 42 patients were referred to Zonal Hospital Dharamshala and Dr. Rajendra Prasad Govt. Medical College, Tanda for further investigations and management.
- Three Pulse Polio program were organized at the CORD dispensary, where 85 children were given Polio drops. CORD also covered 220 children from high risk slum areas of Nagrota Bagwan and Dharamshala.
- CORD educated villagers on family planning and distributed 540 condoms to villagers.





- CORD facilitated Alcohol de-addiction program where three new patients were registered and 56 patients were followed up through one-to-one and family counseling.
- Dr. Anju Virmani (Senior Endocrinologist and Diabetic Consultant from Delhi) checked and examined 33 patients for diabetes & endocrine disorder in a three-day annual camp from 8<sup>th</sup> to 10<sup>th</sup> June 2018 as a part of her volunteer work.



#### **Under Urban RCH Program of the Government under National Health Mission (NHM):**

- 77 ANC (Anti Natal Check-ups) were completed. Pentavalent vaccine dosages were given to 62 children. Measles and Rubelladose were given to 41 children for full immunization.
- 60 institutional deliveries were facilitated by the CORD nurses in slums.
- 35 Personal hygiene awareness programs have been conducted in slum areas of Dharamshala, Nagrota Bagwan and Nurpur Block District Kangra. More than 235 individuals were benefited. All the slums dwellers of Nagrota Bagwan site are using toilets instead of open defecation earlier by them with the help of government schemes.
- Sanitary Napkins were distributed to 52 adolescent girls under menstrual hygiene programs in Nagrota Bagwan.
- 39 sterilizations via the laparoscopy method were facilitated by CORD nurses posted in the slum areas by the Government in the concerned health center for family Planning Program.
- National Deworming day was organized in November 2018 where Deworming medicines were given to 225 children.

#### **“Chinmaya Shanta”– A community based mental health and well-being program**

*“Man is essentially the thoughts that he entertains”-Swami Chinmayananda*

On the occasion of World Mental Health Day on 10<sup>th</sup> October 2018, CORD launched “Chinmaya Shanta Program”, an inclusive and an integrated program which involves prevention, promotion and management of mental health and well-being in the community.

#### **Outreach**

Program reached out and counselled/referred/benefited 1050 people in the community.

#### **Key Highlights**

- A focused study is being conducted in six Panchayats of Kangra District i.e. Baidi, Tang, Kawadi, Hatwas, Kanned and Serathana. General Health Questionnaire (GHQ) along with a self developed questionnaire has been administered on more than 90 Primary care givers and Persons with disabilities to screen them on the issues of mental health. 18 cases with higher





GHQ Score were identified and their management is being undertaken accordingly through consultation and linkage with available health service and infrastructure locally.

- Dr. Deepti Thussu (Psychiatrist, Fortis Hospital Kangra) visited Panchayat Baidi and met 3 cases on 22<sup>nd</sup> September 2018 to guide them further accordingly.
- CORD had organized a Mental Health and Well Being Awareness Workshop for the Primary Care Givers and community workers on 10<sup>th</sup> October on the occasion of World Mental Health Day 2018. Mrs. Neha Dahiya (Secretary, District Legal Services Authority, Kangra), Dr. Anita Thakur (Psychiatrist, Zonal Hospital Dharamshala), Dr. Kshama Metre, Mr. Narender Paul, Mr. Sunil Mishra and Ms. Aishwarya (selected CORD Fellow) working in CORD's Chinmaya Shanta Program gave valuable inputs to prevent and manage Mental Health issues and concern specially in reference to community. 120 participants attended this workshop.
- On 29<sup>th</sup> September 2018, Ms. Aishwarya shared about the program and issues of mental health and well being at State Level Livelihood workshop organized by Farm and allied Sector at CORD Training Centre.
- Workshops on dementia and care giver burnout on 25<sup>th</sup> October 2018 and Substance Abuse workshop organized on 1<sup>st</sup> March, 2019 at Zonal Hospital Dharamshala were attended by Mrs. Anita Thakur, Ms. Aishwarya and Mr. Manohar Singh.
- Observation of IQ Assessment was done by Ms. Aishwarya at Zonal Hospital Dharamshala on 17<sup>th</sup> November 2018 and she shared her learnings with CBIR Team on 31<sup>st</sup> December 2018.

### **Panchayati Raj Institutions for Local Self Government**

The Panchayati Raj provides a system of local self-government at the village level. This institution achieved constitutional legitimacy through the 73<sup>rd</sup> Indian Constitution Amendment Act, 1992, which provided a three-tier system. CORD is also working to make Local Self Governance a reality at grassroots level through its CBOs such as Mahila Mandals, Farmer's Clubs, Adolescent Girls Groups, and Youth Clubs.

#### **Outreach**

Presently, CORD Training Centre is working in 245 Gram Panchayats in District Kangra, Himachal Pradesh, with a special focus on 58 Panchayats known as "Khas Panchayats". In this period, CORD facilitated 221 Up Gram Sabha meetings, with a total participation of 4452 people (3615 women and 837 men). CORD facilitated 80 Gram Sabhas in the 58 Khas Panchayats. Overall participation in all Gram Sabha meetings numbered 6887 people (5298 women and 1589 men). This indicates the active participants of women in their local self-governance through Mahila Mandals nurtured by CORD.

#### **Key Highlights**

- All CORD team members celebrated Independence Day on 15 August 2018 and Republic Day on 26 January 2019 at CORD Training Center Sidhbari and in the field.
- CORD's CBOs have facilitated the following works through gram panchayat in 58 focused panchayats.





- ✓ 499 undeserving families have been removed from BPL (Below Poverty line) list and added new deserving families accordingly.
- ✓ 1603 families benefited under Ujawala yojana through clean fuel provision of LPG (Liquidities Petroleum Gas).
- ✓ 213 needy households were supported for construction/repair of their houses under government schemes.
- ✓ 29 households were provided with poultry sheds.
- ✓ 254 members from CBOs became a part of the vigilance and monitoring committee in their concerned Panchayats.
- ✓ 501 solar lights were installed in the streets of Panchayats.
- ✓ 1162 persons (old, disabled, widow) were facilitated with pension schemes.
- On the International Women Day, 8<sup>th</sup> March 2019, Himachal Pradesh Government organized special “Women Gram Sabhas”. This day CORD facilitated 58 Gram Sabhas in the 58 Khas Panchayats. 1937 women from 58 Gram Panchayats participated in their concerned Gram Sabhas and shown their active presence.



### Community Sanitation and Hygiene Program



To contribute in the collective endeavors related to clean India, CORD Team members facilitate practical work with active community participation. The team members facilitate for making garbage pits, soakage pits, developing micro segregation practices at the household level by doing cleanliness drives in public places, constructing toilets etc., rather than merely organizing awareness campaigns. This way the team members try to convey to the community about their responsibility towards their environment.

#### **Outreach**

CORD is working with a special focus under the program in 15 Gram Panchayats from three development Blocks i.e. Nagrota Bagwan, Dhramshala and Kangra in order to develop them as demonstrated model Panchayats for further replication.

#### **Key Highlights**

- On 5<sup>th</sup> April 2018, Divya Himachal Newspaper organized a one day “Sanitation Drive Program” in Dharamshala, District Kangra with





20 models/contestants from “Miss Himachal 2018” competition. In this program, 980 people including CORD’s CBOs members participated in rally and cleaned the public paths. The participants also took oath (*Shapath*) to make India clean and green.

- CORD Team Member and VVRPs (Village Volunteer Resource Persons) facilitated 31 Village Health Sanitation and Nutrition Committee (VHS&NC) meeting. In these meetings, CORD focused on coordination with VHNSC committee members for successful implementation of government schemes.



- A total 1821 Toilets, 1966 garbage pits, 937soakage pits, and 1915 household level micro garbage segregation units were constructed.

- CORD has identified 3 poorest of the poor families from three different Panchayats i.e. Sokani Da Kot, Tangroti Khas and Jamanabad and helped them to construct their toilets with the help of generous donors.

- Himachal Pradesh Rural Development department organized six days “State level Workshop on Solid and Liquid Waste Management” for government officials, elected panchayat representatives and NGO members at Himachal Pradesh Institute of Public Administration (HIPA) Shimla from 23-28 July 2018. In this program Mr. Sunil Kumar

Mishra and Rajeev Bisht participated as resource persons from CORD and shared community led sanitation and safe garbage management program comprehensively.

- CORD organized one day Sanitation Program as follow-up of ongoing field activities at CORD Training Centre, Sidhbari on 4<sup>th</sup> September 2018. In this program, 33 participants including Gram Panchayat Pradhans, Ward Panch, BDC (Block Development Committee) members and VVRPs (Village Volunteer Resource Person) participated.
- Panchayat Level coordination meetings were organized in five selected Gram Panchayats i.e. Paddar, BallaJadrangal, Bagani, Jamanabad and Kandhrer. The panchayat ERPs (Elected Representatives of Panchayats), VHS&NC (Village Health Sanitation & Nutrition Committee) members, CBOs leaders, Village Resource Persons participated and were actively involved in these meeting to discuss the current status of household level solid and liquid garbage management practices and future planning accordingly for the same in the concerned panchayat. Total 261 participants participated in this program.
- CORD conducted nine inter-panchayat sanitation campaigns in nine different panchayats. The CBOs members from the different panchayats visited each other’s panchayats and offered their voluntarily work for making 315 garbage pits, 37 soakage pits and 380 micro garbage segregation bags at home in this campaign. Total 684 participants participated in this program.
- A group of 40 fellows from “Teach for India” organization visited four panchayats 8<sup>th</sup> and 13<sup>th</sup> of January 2019. They have voluntarily worked in these panchayats and constructed soakage pits, garbage pits and micro garbage segregation units in needy households where the local community helped and selected the households to do volunteer service.







- CORD celebrated “**Daughter Week**” from the 21<sup>st</sup> January to 26<sup>th</sup> of January 2019 in order to take a step towards celebrating the birth of the girl child and empowering girls for better tomorrow. On this occasion, CORD team members facilitated special Up Gram Sabhas. Beside other agenda related to girls and women, CORD VVRPs raised issues related to menstruation hygiene and health of adolescent girls and women.
- CORD organized two-days training program on community-led solid and liquid waste management on 23<sup>rd</sup> and 24<sup>th</sup> February 2019. In this training program, 115 community members participated which includes members of Mahila Mandals & VHSNC, ASHA workers, Female Health Workers, Anganwadi workers and Elected Panchayat Representatives. On first day participants shared and learned theoretical concepts in the area of sanitation and hygiene and 2<sup>nd</sup> day they worked in the field on practical aspects of sanitation and hygiene.



### **CORD Satellite Sites Program**

CORD has started replicating its comprehensive integrated rural development programs into the backward and remote Gram Panchayats of others states of India. This includes two sites in Uttarakhand, one in Punjab and three sites in district Chamba Himachal Pradesh. These are known as satellite sites and cover a total of 58 remote needy villages.

#### **Outreach**

39 Mahila Mandals, 57 SHGs, 18 Farmer Clubs, 33 Yuvati Samuhs, 33 Bal Vihars are being facilitated and nurtured in these satellite sites.

#### **Key Highlights**

- 436 soakage pits, 575 vermin cum garbage pits, 78 toilets, 30 nurseries and 927 nutrition kitchen gardens were facilitated in all operational area.
- During this period 3283 fruit plants (apple, pomegranet, appricot, guava & lemon etc.) has been planted.
- 24 participants from Gurar panchayat, 38 participants from Morthu panchayat (District Chamba, Himachal Pradesh sites) and 29 participants from Gram Panchayats Kafali and Uroli (District Almora, Uttarkhand Sites) participated in the planned learning and exposure visit to CORD Training Centre Sidhbari. All participants received practical experiential training of CORD’s comprehensive integrated rural development programs.
- Shri Narender Paul, Chief Operating Officer visited Uttarakhand Sites i.e. Gram Panchayat Uroli and Kafali to observe and monitor progress the CORD’s ongoing efforts from 25<sup>th</sup> March to 29<sup>th</sup> March 2019.





He also provided his valuable guidance and suggestions to the concerned team members working on sites.

- Shri C.D. Dixit and Shri Sanjay from Bajaj Auto Limited visited Gram Panchayat Kafali to monitor the CORD's activities on 11<sup>th</sup> January 2019.
- On 28<sup>th</sup> March 2019, Bajaj Auto Ltd. team members under leadership of Ms. Bhupali accompanied by three newly recruited officers visited CORD's work in Gram Panchayat Uroli.
- Under its livelihood promotion approach, CORD has facilitated and provided 244 goats to 167 needy and potential beneficiaries through institutional mechanism with some percentage of individual beneficiary contribution. CORD has also promoted 252 backyard poultry units & 17 backyard dairy units to enable these beneficiaries to earn additional income and enhance their livelihood activities.
- CORD Team members organized Sensitization Workshop on Menstruation Hygiene and Health at Government Inter College, Garudabanj, Gram Panchayat Kafali, District Almora, Uttarakhand on 29<sup>th</sup> December 2018. Dr BB Joshi, Medical Officer at local Primary Health Center Dhoola Devi was the main resource person. Total 109 participants attended this program which includes adolescent girls and boys, women from CORD's area of operation.



### **Support and evaluation visit to other CORD sites in Odisha and Tamil Nadu**

- From 11<sup>th</sup> to 17<sup>th</sup> May 2018, an annual review cum training workshop of CORD sites were organized at CORD Training Centre Sidhbari. During the workshop the teams of different CORD sites at Thamraipakkam, Siruvani (Tamilnadu) and, Lathikata and Deuladhia (Odisha) shared their annual progress and performance on various interventions undertaken for the up-liftment of the rural community in the operational program areas. 26 team members (including 3 Directors, 2 Community Development Officers and 21 senior and junior fieldteam members) participated in this program.
- Resource Team from National Director Office and CORD Training Centre, comprising Shri. Narender Paul, Ms. Suruchi Thapa, Shri Vinod Pathania and Shri. Onkar Singh conducted annual monitoring, evaluation and support visit to CORD Siruvani and CORD Thamraipakkam from 22<sup>nd</sup> 2018 to 29<sup>th</sup> December 2018. Resource team reviewed field activities and conducted capacity building sessions on various subjects with team members. Regular follow-ups of the teams in Tamil Nadu every month is continued by National team from Sidhbari through-out with frequent communications including skype/telecon.
- Resource Team from National Director Office and CORD Training Centre, comprising Shri. Narender Paul, Shri Harish Kanojia, Smt. Anjana Devi and Shri. Arvind Kumar conducted annual monitoring, evaluation and support visit to CORD Lathikata and CORD Deuladhia in Odisha from 13<sup>th</sup> to 21<sup>st</sup> January 2019. During the visit, resource team conducted interaction sessions with team and community-based organizations to review progress of activities taken place. In addition to this,





capacity building sessions were also conducted with team members. Regular follow-ups of the teams in Odisha every month is continued by National Director office throughout the year with frequent communications including skype/telecon.

### CORD Training Centre Sidhbari

Below is the summary report of the knowledge sharing&skill development programs, ongoing activities and volunteers & interns from India and abroad visited throughout the reporting period at CORD Training Centre, Sidhbari:

#### 1-Visitors:

- American School Group students (14 students and 3 teachers) through Format Travel agency from Delhi visited CORD for half day interactions and to understand CORD integrated rural development program.
- Dr. Thakur Thussu, (M.Ch) Plastic Surgeon from Fortis Hospital Kangra visited CORD Training Centre and shared with team members of CORD's various comprehensive program about the Smile Train collaboration with Fortis Hospital Kangra, Himachal Pradesh to benefit children with cleft lip and palate from the region.
- Shri J.P.Nadda, Union Minister of Health and Family Welfare visited CORD Training Centre on 15 June 2018 and interacted with Kshama Metre, National



Director CORD on issues of comprehensive integrated rural development and Healthcare.



- A group of 116 students of SOIL (School of Inspired Leadership) Gurgaon visited CORD's comprehensive integrated rural program as part of their experiential learning and rural immersion on 13<sup>th</sup> November 2018. CORD.

- 10 SHG members and staff from Ambuja Cement, Bhatinda (Punjab) visited CORD on 24<sup>th</sup> March 2019. They

visited SHGs in the field too to understand multiple livelihood interventions at the grass root level.

- A group of 15 students and staff members from Mount Madonna School, USA visited CORD on 28<sup>th</sup> March 2019. Three hours question and answer session cum interview was conducted by them with the National Director CORD, Dr. Kshama Metre.





## 2-Volunteers/Interns (India & Abroad):

- Ms. Aishwarya from Mumbai has joined as internship for one month from 24 April to 25 May 2018. She is further selected to work as CORD fellow for two years with CORD. Currently she is working in Chinmaya Shanta Program initiated by CORD in the area of mental health and well-being for the rural communities.
- Ms. Malika Bhargava from Noida joined as a volunteer for one-month duration from 1<sup>st</sup> June to 13<sup>th</sup> June 2018 to learn and serve in CORD's program.
- Mr. Shreyas Agarwal from Nepal completed his 4 weeks internship w.e.f 1<sup>st</sup> July 2018 with CORD for his experiential learning in CORD's sanitation program.
- Ms. Muskan Aggarwal from Mumbai visited CORD from 2-10 July & volunteered in CBL NFSS program.
- Mr. Saaket Pradhan from USA served as volunteer in CBIR program with PWDs in CORD for 3-months from 19<sup>th</sup> August to 5<sup>th</sup> November 2018.
- From 2<sup>nd</sup>-20<sup>th</sup> December 2018, CORD along four interns from Team Med India initiative of Monash University Australia as a part of their internship program conducted sessions on 'Being Smart Around Drugs'. 450 students from schools like Serathana, Padar, Pathiar, Khaniyar, Mundla Ladwara and Sakoh Jatehar participated. On 4<sup>th</sup> February 2019, a follow-up session was organized with these schools at CORD.
- Smt. Rupa Makecha from Houston, USA joined CORD as long-time volunteer for 6-7 months from 11<sup>th</sup> February. She will serve till mid of August 2019. During this period, she is volunteering in Community Based Livelihood program to strengthen its team and program.
- 12 Students from S.P. Jain Institute on Management and Research (SPJIMR) Mumbai has successfully completed their internship with CORD Integrated Rural Development Programs from 14<sup>th</sup> March to 12<sup>th</sup> April 2019 under their Development Of Corporate Citizenship (DOCC) program.

## 3-Trainings–Exposure-Workshop for learning and skills development:

- One day workshop was conducted with collaboration of Himalayan Environment Studies and Conservation Organization (HESCO) from Dehradun at CORD on 28<sup>th</sup> May 2018.
- A two-day regional workshop was conducted by Stars Forum Pune on livelihood avenues and opportunities for persons with disabilities (PWDs) in rural India on 5<sup>th</sup> & 6<sup>th</sup> August 2018. 145 participants attended the workshop.
- Regional workshop on National Trust program and schemes held at CORD Training Centre Sidhbari, Himachal Pradesh on 6<sup>th</sup> August 2018. NGOs, individuals, persons with disabilities participated to come forward together to build cross disability network in the area of four specific disabilities covered under the National Trust Act 1999 and The Rights of Persons with Disabilities (RPD) Act 2016.
- Celebrated 14<sup>th</sup> November Day as "Bal-diwas" – "Children Day at CORD where 42 children participated.
- Conducted three days knowledge sharing, capacity building & skill development training program on SHG and E-shakti program for 26 Bankers from Haryana region, Chandigarh from 15-17 November 2018.





- Conducted three days knowledge sharing, capacity building & skill development training program on SHG and E-shakti program for 24 CEOs from different NGOs from 20-22 November 2018.
- Conducted one day workshop by National Institute of Open School (NIOS), Regional Centre Dharamshala at CORD Training Centre on 13<sup>th</sup> December 2018.
- Teach for India (TFI) conducted their four days residential fellows annual retreat/program at CORD Training Centre in two groups i.e. one group from 6<sup>th</sup> to 9<sup>th</sup> January and 2<sup>nd</sup> group from 11<sup>th</sup> to 14<sup>th</sup> January 2019. Total 137 participants attended this program. During this retreat, fellows were also provided with one full day immersion and learning experience in comprehensive integrated rural development program of CORD at the grass root.
- Conducted one day meeting of Chinmaya Umang with 60 participants on 10<sup>th</sup> January 2019.
- Conducted two days get-together and celebration of 18<sup>th</sup> Foundation Day by Abhivyakti Foundation at CORD campus on 23-24 March 2019 for 61 participants.

### Swadhaya Groups:

CORD has formed and facilitated 108 Swadhya Groups for spiritual self-unfoldment in the villages to share Puja Gurudev's blessings of wealth and wisdom of Vedantic Philosophy/spiritual knowledge with 108 villages. In these groups 'Swadhya Classes' have been organized every month and will continue with the communities taking over.



Daily Swadhya Session on Self Enfoldment, weekly Gayathri Havan, celebrations of concerned team members birthdays at the end of every month and discourse of Swami Chinmayananda on Bhagavad Geeta are being held for team members.

### Trainings, Seminars, and Events

#### National Level

- Shri Narender Paul and Shri Balbir Guleria from CBIR team participated in National Consultation on Rights with Persons with Disabilities (RPD) Act 2016 in New Delhi by NCPEDP on 19-20 July 2019
- Narender Paul, Chief Operating Officer CORD attended a Conference at BAIF Pune on "Rural India: Blossoming in Neglect" organized by VAF - initiative of Tata Trusts at BAIF From 28 - 30 August 2019.
- To strengthen CORD's work initiative in the area of Mental Health and wellness in rural communities, Dr. Kshama Metre (National Director CORD) and Narender Paul attended a two days International Conference on Mental Wellness in Communities organized by Sangath (Goa) and Anjali (Kolkata) organizations in Kolkatta recently on 15<sup>th</sup> and 16<sup>th</sup> September 2018.
- Dr. Kshama Metre and Narender Paul attended Jal Samskriti workshop in New Delhi on 20<sup>th</sup> September 2018. This program is organized by Deendayal Research Institute (DRI) New Delhi/Chitrakoot.





- CBIR team member, Mr. Sudarshan Kumar attended a North Zone regional network meet at National Association for Blind, New Delhi On 28<sup>th</sup> and 29<sup>th</sup> September.
- Shri Narender Paul attended two days Regional Interfaith Dialogue on the theme of “Child Dignity Online” by Shanti Ashram, Coimbatore in New Delhi on 26<sup>th</sup> and 27<sup>th</sup> September. It was organized in auspicious place of Samadhi Sathal of Father of Nation, Mahatma Gandhi specially on 150 years of Birth year starting from 2<sup>nd</sup> October 2018.
- Mr. Balbir Guleria, attended one day workshop and training of SNAC (State Nodal Agency Centre) in National Trust Office, Delhi on 12<sup>th</sup> November 2018.
- Mr. Vinay Kumar participated in a regional training from 19<sup>th</sup> November to 24<sup>th</sup> November 2018 at National Association for Blinds, Delhi.
- Narender Paul attended Mission Samridhi Summit-7 organized in Chennai by Intellect Company based on application of Design Thinking in the area of development on 29<sup>th</sup> November to 1<sup>st</sup> December 2018.
- World Worker Conference (WWC) at Chinmaya Vibhooti, Pune attended by D. Kshama Metre and Shri Narender Paul from 8<sup>th</sup> December to 12<sup>th</sup> December 2018. CORD work presentation was done during this conference by Shri Narender Paul.
- Dr. Kshama Metre and Narender Paul attended the STARS Forum trustees meeting and conference at Wardha, Maharashtra on 13<sup>th</sup> December 2018. They also visited “Nagpur Naturals” to understand their business model with farmers and their produce marketing to ensure best price directly to the farmers.
- Shri Narender Paul accompanied by Mr. Balbir and Mr. Shivank to meet Mr. David Malone, Rector United Nation University, Tokyo Japan in Delhi.
- Sh. Narender Paul and Mr. Balbir Guleria participated in two days National Consultation on United Nation Convention on Rights of Persons with Disabilities (UNCPRD) at Delhi on 11<sup>th</sup> January 2019.
- Mr. Narender Paul visited villages near Ranchito to explore CORD work possibilities in Jharkhand on 13<sup>th</sup> January 2019.
- Narender Paul attended 56<sup>th</sup> Annual National Conference by All India Occupational Therapist Association (AIOTA) at PGIMER Chandigarh from 8<sup>th</sup> to 10<sup>th</sup> February 2019. He presented scientific paper on “Comprehensive Effectiveness Study of Community Based Inclusion, Rehabilitation and Interdisciplinary Approach Towards Cross Disabilities in Panchayats of North India” during this OTICON 2019.
- Mr. Balbir Guleria and Mr. Vinay Kumar attended two days empowering for Inclusion Summit at Delhi from 15<sup>th</sup> to 16<sup>th</sup> February 2019. It was focused on the use of Artificial Intelligence (AI) for the inclusion and empowerment of PWDs.



#### **State Level:**

- Sh. Narender Paul, Chief Operating Officer, CORD and Mr. Balbir Guleria attended State Level Coordination Committee (SLCC) meeting of the SNAC by on 28<sup>th</sup> May 2018 under chairmanship of Additional Chief Secretary (ACS), Social Justice & Empowerment, Government of Himachal Pradesh.
- Shri Narender Paul was invited as Resource Person to a series of two-day division level workshops on “Various Acts being implemented by Department of Social Justice” Government of Himachal Pradesh on 22<sup>nd</sup> - 23<sup>rd</sup> June, 29<sup>th</sup> - 30<sup>th</sup> June and 12<sup>th</sup> - 13<sup>th</sup> July at Himachal Institute of Public Administration (HIPA), Shimla.



- Shri Sunil Kumar Mishra attended Divisional Level Training cum Sensitization Workshop on Law/ Act relating to women, Children, Special Abled persons and other Vulnerable Section of the Society at the Himachal Pradesh Institute of Public Administration Fairlawn's, Shimla from 29<sup>th</sup> June to 30<sup>th</sup> June 2018.
- Mr. Arvind Pattarwal, Mr. Sawroop Kumar and Mr. Rashish Mishra participated in training program on Zero Budget Natural Farming (ZBNF) concept organized by Department of Agriculture, Himachal Pradesh from 30<sup>th</sup> September to 5<sup>th</sup> October, 2018.



- Sh. Narender Paul attended 3<sup>rd</sup> H.P. Science Congress held at Indian Institute of Technology (IIT) Mandi with Sh. Arvind Kumar and Sh. Balbir Guleria on 22<sup>nd</sup> and 23<sup>rd</sup> October 2018.

- Shri Narender Paul attended "Nav Dharana" workshop organized by HP Kaushal Vikas Nigam (HPKVN) in Shimla as a Panelist and Resource Person on disability livelihoods and skilling in rural areas of Himachal Pradesh on 20<sup>th</sup> November 2018. Mrs. Anita Thakur, team member from CBIR program CORD

participated to put stall in the exhibition of various products and paintings prepared by the PWDs under the facilitation of CORD and its integrated resilient livelihood program.

- Mr. Arvind Pattarwal attended two days state level workshop organized by Rain-fed Agriculture Network at Shimla from 19<sup>th</sup> -20<sup>th</sup> December, 2019.

#### District Level:

- Ms. Darshana attended a meeting under Intensified Diarrhea Control Fortnight (IDCF) at the Additional Deputy Commissioner's office in Dharmshala on 12 June 2018.
- Dr. Kshama Metre and Sh. Narender Paul were invited by Director CSIR-IHBT on the occasion of celebration of its CSIR Foundation Day at IHBT Palampur on 1<sup>st</sup> September 2018.
- Mr. Balbir Guleria attended Local Level Committee (LLC) Meeting of the National Trust on 26<sup>th</sup> September 2018 at Additional Deputy Commissioner Office, Kangra.
- Shri Narender Paul was invited as speaker by Sub Divisional Officer (Civil), Shri Shashi Pal Negi to inspire over 200 students of 11<sup>th</sup> and 12<sup>th</sup> grade from Kangra Education Block on 29<sup>th</sup> September 2018.
- Shri Narender Paul attended meeting of various NGOs at Dharamshala organized by SHRAM NGO Nagrota Bagwan.
- Narender Paul attended meeting with Shri Sunil Mishra on Western Himalayan development, organized by Kalpvriksha, Pune at Jagori Rural Charitable Trust, Rakkar, Kangra, H. P. from 11<sup>th</sup> to 13<sup>th</sup> November 2018.
- Sh. Narender Paul attended a meeting at Deputy Commissioner Office, Dharamshala on Accessibility India Campaign on 22<sup>nd</sup> November.
- Mr. Balbir Guleria attended meeting on Unique Disability Identification Card for PWDs (UDID) on 20<sup>th</sup> November under the chairmanship of Additional Deputy Commissioner Kangra at Dharamshala.





- Sh. Narender Paul attended a meeting at Deputy Commissioner Office, Dharamshala on accessible and inclusive election 2019.
- Mr. Onkar Singh participated in district level workshop organized by NABARD on Agri-Marketing project at District Rural Development Agency (DRDA) hall, Dharamshala on 24<sup>th</sup> January 2019.

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Narender Paul  
Chief Operating Officer CORD

*Please note that all components of CORD's integrated rural development program have their own vertical and horizontal aspects, varying from grassroots implementation to policy and advocacy. These details may be found in individual program reports—if you are interested in learning more about a specific program, please send us an email at [cordsidhbari@gmail.com](mailto:cordsidhbari@gmail.com) with your request for the specific program or contact Shri Sunil Kumar Mishra, Coordinator, CORD Training Centre Sidhbari: +91-9817327857.*